



KIMBERLY BRAZWELL, MA

Kimberly Brazwell is a trauma-informed social justice consultant with nearly 20 years of service through community building and advocacy, Kimberly's expertise lies in resiliency efforts, the phenomenon of cultural codeswitching, reduction of non-academic and non-occupational barriers to success, dialogue facilitation, strategic planning, collaborative team and relationship building, training and professional development and event planning. Brazwell is a highly requested speaker with audiences as far away as West Germany.

Brazwell has a Bachelor of Science in Interpersonal Communication from Ohio University and a master's degree in Educational Policy and Leadership from Ohio State University. She has received extensive leadership training from multiple organizations including the L2000+ Leadership Academy through the John Glenn School of Public Affairs as well as the internationally acclaimed Chair Academy. She is the author of *Browning Pleasantville* and was a contributing author of *Implicit Bias in Schools* with a chapter entitled, "Practical Application of Implicit Racial Debiasing". She has had the honor of performing two TEDx Talks – "Over, Under, Around and Through Trauma" & "Crazy and Black and Poor".

In 2010, Brazwell launched her consulting company, KiMISTRY which specializes in using storytelling to address the unique intersectionality of equity and inclusion and holistic wellness for a trauma-informed experiential application to human engagement. Her drive stems from her own intersectionality of identity and rich family diversity in race, religion, mental health, language, sexual orientation and class identity. In addition to KiMISTRY, Brazwell does advocacy and organizing for justice-involved individuals and families, serves as the managing director for The Freedom BLOC and oversees operations for culturally competent mindfulness efforts with MBUBE Institute.

“TRAUMA AND OUR YOUTH: HELPING HEAL THEM AS THEY ARE, KIMBERLY BRAZWELL, MA

2020 ushered in unprecedented trauma due to COVID-19. By autumn, between more deaths of unarmed Black people and a vitriolic presidential election, we witnessed racial unrest so intense, some are referring to the current moment in U.S. history as the new Civil Rights Movement. Amid all this, community leaders are meeting and planning across the nation to bring about change. But are all voices represented as we build a better tomorrow?

Youth watch on social media as the world appears to fall apart under the direction of their leaders, educators and family members. Prior to COVID and BLM, had we created safer spaces for young people's authentic voices to be heard? Right now, are we in right relationship with our youth to be entrusted with their stories, needs and truths? Are we building futures and legacies with our young ones that are resilient and culturally responsive through their eyes?

This session will lead participants/attendees in trauma-informed reflection about youth stories she's been gifted with and will share thoughts on what our future leaders need to be healthy, healed and whole.

LEARNING OBJECTIVES:

#1 Exposure to tools and strategies to support intergenerational dialogue

#2 Practice of the use of narrative (storytelling) for cross-cultural communication

#4 Awareness of personal implicit bias and primary/secondary trauma

#5 Exposure to trauma-informed and debiasing approaches to engagement

#6 Basic understanding of identity, trauma, safer/braver spaces and privilege